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Workshops & Training



Community Music Wales is Wales' leading music charity.

Community Music Wales (CMW) is a community arts organisation with 25 years experience of delivering high quality arts activity, touching the lives of over 50,000 people since its inception.

CMW believes that music can impact the lives of even the hardest to reach individuals. It can have a highly positive effect when delivered in a sensitive and client centred way, by trained community music tutors and practitioners.

Music enriches lives; it can be liberating; exciting; soothing; joyful – the act of creating music is, in itself, empowering.



Community music participation can:

- Increase confidence, self-esteem and develop positive aspirations.
- Provide more opportunity for creativity and imaginative play.
- Support the development of basic skills.
- Create community cohesion.
- Enable participants to learn new skills.
- Increase opportunities for the development of team work and collaborative thinking.
- Increase awareness of work potential in the creative industries.

Training

Training for Individuals

CMW's training offers practical and theory training in the key skills needed to work as a community music tutor in a wide range of community settings. Training is available for those wanting a basic introduction, those considering a career in community music and those with experience who would like to put some theory and context to their work.

Training for Organisations

CMW can also design courses to suit your organisation. We provide training to schools, colleges and universities to supplement existing learning.

We also offer courses for youth and community organisations, helping to equip staff, volunteers and members to incorporate arts work into their programmes.

Courses Available

Peer to Peer Training

Introduction to Community Music

CPD Training for CMW tutors

Community Tutoring in the Arts

Community Music Tutor Training

Community Music in the Workplace

Community Music for Folk Musicians

For a more in depth look at our available courses visit cmwtraining.co.uk



Songwriting & Composition

Songwriting covers a huge range of musical styles and genres but at its heart is writing original music.

Our workshops capture participants imagination, helping them express themselves in a creative, fun and safe environment.

This is suitable for any ages, and for those with beginner and advanced music skills.

Groups create an original piece of music and build towards an end performance or recording of their composition.

We'll tailor the workshops to your group's needs and to your timescale.

AIMS

Increasing literacy - participants are writing lyrics, meaning they have to consider structure, rhyme and language.

Increase musical skills.

Build mutual respect and encourage communication. Participants are working together to create their piece so must listen to one another and respect the ideas of others.

Increase self-esteem and confidence.



DJing

AIMS

Increasing literacy - Participants are working with rhythms and beats which will require thinking about beats per minute and how to play these within a rhythm.

Increase musical and ICT skills.

Build mutual respect and encourage communication.

Increase self-esteem and confidence.

DJing is a highly engaging activity which can be used with music from many genres.

Workshops are dynamic, flexible and most importantly, fun.

This is suitable for absolute beginners and those with advanced music skills.

Participants will learn how to beatmatch, scratch, cut and beat juggle, using Vinyl, cd and mp3 and other digital mixing.

As well as being an art form in itself, djing works well as a backdrop for performances such as theatre and dance.

Scratch djing can be integrated into a live band performance.



Digital Music

Our digital music workshops cover a wide range of areas and is very flexible.

Participants can record anything from music instruments to everyday sounds and then use a computer to manipulate those recordings to create compositions.

We also run workshops that create music for specific settings such as film soundtracks or computer games.

These workshops work well with small groups. They're accessible for people with no music skills and those who are more advanced. Young children respond particularly well as they can enjoy playing with the sounds.

AIMS

Increase musical skills.

Increase ICT skills.

Build mutual respect and encourage communication.

Increase self-esteem and confidence.

Increase transferable skills such as team work.



Drumming & Percussion

AIMS

Increase numeracy - participants are dealing with rhythms and through this counting, multiplying and working on numeric patterns.

Increase coordination.

Increasing activity levels and overall fitness, as the workshops can be quite active.

Increase confidence, self-esteem and other transferable skills, such as team work.

Build mutual respect and encourage communication.

This workshop uses African or samba drums and percussion instruments.

Using simple rhythms then moving to more complex rhythms, the group creates their own original piece.

Singing and vocal work lends itself well to these workshops so we often play games with rhythm, making up songs and playing with words.

This is suitable for people with different musical skills and abilities, and as it creates music instantly the sense of achievement is immediate.

We can work with both small and very large groups.



“Community Music Wales gave us access to professionals
who enhanced our work...
Tutors brought out the best in all ages and abilities.”
Jayne Neal, Ty Hapus, Conway

With over 25 years of experience developing and delivering workshops, we recognise that all groups have different issues and different needs. We'll discuss your group's needs and work with you to tailor activity for your time frame and budget, which can include combining different workshop types.

We can come to your centre or work with you to find an alternate venue.

We'll give you a price that includes all tutor fees, insurance and contracting. All our tutors are trained and experienced community music practitioners with up to date enhanced DBS checks. We will provide the equipment for the project.

We are an accrediting centre and can accredit your activity through Agored Cymru, working in both Welsh and in English.

“Community Music Wales has complimented our service by enabling young people to express their ideas and vision through music with a bespoke, citizen centred approach, with award winning results. Keep up the great work!”
Liz Davidson, Learning Disability Wales.

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